

## **Arizona Hot Spring**



Length - approximately six miles roundtrip depending on the route that you take. Please see map on the back side. Time - six to seven hours Elevation gain - 900'+ Rated - strenuous.

Lake Mead National Recreation Area offers a variety of guided and self-guiding hikes at lakes Mead and Mohave. Summer hiking is not advised as temperatures in the desert can reach as high as 120° Fahrenheit. Hiking seasons are fall, winter and spring.

When traveling to the hot spring, always travel with a companion, bring at least one gallon of water per person, a first aid kit, map, trash bags to carry out your trash, sturdy shoes, extra shoes (watershoes) if you wish to sit in the hot spring, hat, lunch, sunglasses and sunscreen.

Please tell a family member or a friend of your destination, your expected return time, and stick to your itinerary. Be prepared, accidents can happen in the desert. There is no cell service in the canyons but there is sporadic cell service at the river.

Always lock your car and take valuables with you. Do not leave pets in cars while you are away! Because of flash flood dangers, do not hike in wash or canyon areas if thunderstorms are threatening. All plants, wildlife, geologic features (rocks), and archeological artifacts are protected.

The water in the Arizona Hot Spring has been heated by the natural geothermal temperature conditions of the earth. This heated groundwater moves to the surface through faults and fractures in the rock and discharges at an estimated rate of about 30 to 50 gallons per minute. The water temperature of the spring ranges from 111 to 120 degrees Fahrenheit.

White Rock and Hot Spring Canyons are located in a strikingly a scenic viewpoint. Liberty Bell beautiful volcanic area. There is a wide variety of desert plants to be found, including indigo bush, ground cherry, rabbit brush, Mormon tea, desert fir, cheesebush, globemallow, and rock nettle. Rocks are primarily volcanic and volcanic ash, with some granite boulders washed down from the Black Mountains.

Arizona Hot Spring hike is not advised in the summer. In warmer weather take lots of water and watch out for rattlesnakes. Do not put your hands or feet on ledges,

in bushes, under or around rocks where you cannot see. For your safety, it is recommended you stay on established trails.

Directions to the Hot Spring: From Boulder City follow U.S. Hwy 93 east over the Hoover Dam bypass bridge. The trailhead is just past mile-marker four. Look for the trailhead exit. The trail goes west under the highway and continues down White Rock Canyon. At 0.4 miles the trail splits. Veer to the right to continue in White Rock Canyon, veer to the left up over the hills for Hot Spring Canyon. At 0.9 miles in White Rock Wash Canyon the Liberty Bell Arch trail climbs up on the right out of the wash and continues for another 1.5 miles and ends at Arch trail does not go to the hot spring. Please see map on the back side.

Warning! If you take the White Rock Canyon trail there is a 20 foot ladder to get into the springs. Climb at your own risk.

Warning! Naegleria fowleria, an amoeba common to thermal pools around the world, may be present and could enter through the nose causing a rare infection and death. Do not dive into pools, splash water, or submerge your head.

AZhotspring - 3/18/14

